BOOMERS

SAGES PRIME SAUTE

ELDERS

What We Do

PrimeTime offers classes and workshops that help participants see aging not as the beginning of the end, but as part of God's eternal plan for human happiness. This ministry offers opportunities for fellowship and sharing on various topics including the following:

- Finding purpose in your life
- What steps to take to make the most of your retirement
- · The personal services of care and compassion
- The social issues of peace and justice
- The call to discipleship

"Aging is not a contradiction of God's promise of abundance. Rather it is an extension of that promise"

~ Dr. Richard P. Johnson, Ph.D

Testimonial

"When I think of my years I sometimes feel the temptation to consider myself an old man. One must resist this; in spite of outward appearances, one must preserve a bright youthfulness of spirit. This pleases the Lord, is edifying to souls, and is good for us too, for it is our duty to infuse joy and optimism to others. Thanks be to God I prefer to look forward rather than backward."

~ Pope John XXIII

EXPLORE

- Living agelessly; what does it mean?
- If aging is an attitude, then so is youthfulness, or agelessness.
- Aging is much more than a physical process; it's a spiritual and psychological journey

"When we walk with God. whatever our age, the best is yet to come".

Who We Are

Prime Time is a ministry focused on helping maturing adults over the age of 50 gain increased insight into their own faith walk and giving them the precious gifts of heightened self-esteem, sharper independence, and self understanding to help better practice and celebrate their faith. Prime Time is designed for anyone in the middle years or older who wants a better understanding of their unique call to God.

"Aging is not enough in itself; aging well is the real goal of life. To allow ourselves to age without vitality, without purpose, without growth is simply to get old rather than to age well as we go. We must be a gift to the world someway, somehow, for someone." ~ Joan Chittister



Sts. Peter and Paul Catholic Church

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